



Invitation to the Kick-Off Meeting of the IncluPsy project

"Exchanges of good practices for the social inclusion of people living with mental disorders"

N ° 2020-1-FR01-KA204-080552

Thursday April 15, 2021 from 2 to 3:30 pm - On Zoom - All are welcome!

<https://us02web.zoom.us/j/81179678462>

Please fill in your name and your organization when you log in to be able to recognize everyone.

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The IncluPsy project in summary

According to the WHO, 1 in 4 Europeans is affected by mental disorders during their lifetime. In their 2018 report entitled *Health Overview: Europe*, the European Commission and the Organization for Economic Co-operation and Development present mental health as one of the most pressing issues and warns of the economic consequences and social issues of unresolved mental health issues.

People with severe and persistent mental disorders generally suffer from great isolation, a loss of the ability to start a business, to live in independent housing, to hold a job and to carry out the acts of daily life and often a break-up family and social ties. These effects, combined with stigmatization and, where applicable, prolonged and repeated hospitalizations in psychiatry, themselves a factor of social disinsertion, frequently lead people to lose their homes, to wander and to social exclusion ("mental health and psychiatry" roadmap, strategic committee for mental health and psychiatry, June 2018).

Given these figures and the demonstrated links (cause or consequence) between mental health disorders and social exclusion, it is not surprising that social inclusion is one of the European priorities. What practices are implemented in Europe to promote the social inclusion of people living with mental disorders? This question is the common thread of the IncluPsy project.

The IncluPsy project is a good practice exchange project aimed at promoting the social inclusion of people living with mental health problems. It consists of the meeting and various exchanges between 6 partners from 5 European countries (Belgium, Croatia, France, Greece, Italy) each having a point of view and complementary expertise on the subject of the social inclusion of people living with mental health disorders. The objectives of the project are to develop the knowledge of each partner on the practices and measures aimed at promoting the recovery and social inclusion of people living with mental disorders, raising awareness among the various actors (associations, local authorities, social institutions, medical social and health issues) to the stakes of better social inclusion of people living with mental disorders and to strengthen the taking into account, by professionals, volunteers and relatives / carers, of the experience, the voice and the empowerment of people living with mental disorders.

Partners:



The program of the Kick-Off Meeting

2:00 pm - 2:15 pm	<p><u>Reception and presentation of the project IncluPsy by Luciole 92, project coordinator:</u></p> <ul style="list-style-type: none"> - Background - Objectives - Target audiences - Key activities
2:15 pm - 2:45 pm	<p><u>Presentation of six project partners and their missions:</u></p> <ul style="list-style-type: none"> - GEM Luciole 92, France - Greek Carers Network EPIONI, Greece - Fondazione Internazionale Don Luigi Di Liegro, Italy - Klinika za psihijatriju Vrapce (University Psychiatric Hospital), Croatia - Center Neuro-Psychiatrique Saint-Martin, Belgium - Espérance Hauts de Seine, France
2:45 pm - 2:55 pm	<p><u>Presentation of the associated partners and their contribution to the project:</u></p> <ul style="list-style-type: none"> - The Faculty of Medicine of the University of Montreal in Quebec - Department of Psychiatry and Addictology - Groupe d'Entraide Mutuelle (GEM) la Porte Bonheur, France - Groupe d'Entraide Mutuelle (GEM) les Amis des 4 Communes, France - The association Belgian Brain Council (BBC), Belgium - Panhellenic Association for Psychosocial Rehabilitation and Work Integration (PEPSAEE), Greece - The NAMI (National Alliance on Mental Illness), United States Unis
2:55 pm - 3:15 pm	<p><u>Intervention by Jean-François PELLETIER, associate professor, specialist in the question of the contribution of people with mental disorders to civic life and society, University of Montreal:</u></p> <ul style="list-style-type: none"> - Presentation of the characteristics of a health system focus on recovery and social inclusion - Highlights of the scientific literature on peer support - The IncluPsy project
3:15 pm - 3:25 pm	Questions / Answers
3:25 pm - 3:30 pm	Conclusion and follow-up of the project

The associated partners:



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